

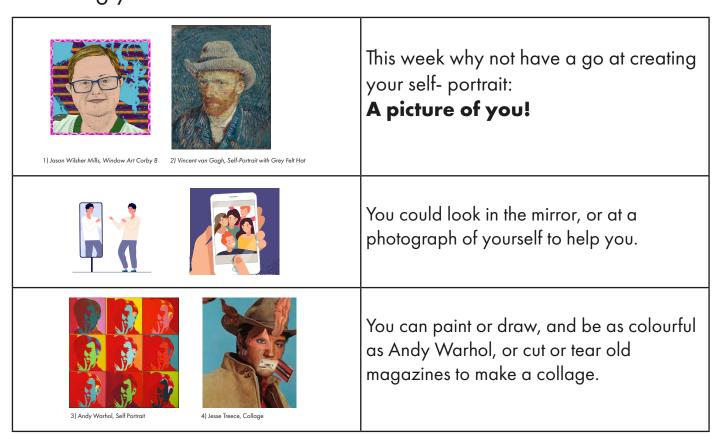
Isolation Creation Worksheet

My Self - Portrait: A picture of me!

Things you could use to make your Self-Portrait:

A phone, iPad, tablet or camera to take a photo of yourself with (or ask someone living with you to take your picture)
Pens , pencils or paints and paper
Collage material (pictures or paper torn or cut from old magazines) glue and scissors
Things you find around the house like food or fabric - you could take a photo of your finished picture!

Making your Self-Portrait:





Share your work with us at #tngcreate2020

My Self - Portrait: A picture of me!



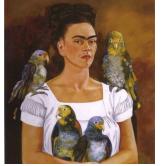


You could include things and people that are important to you like these iPad paintings by Jason Wilsher-Mills.

5) Jason Wilsher Mills, Painting for Oakley Grange

6) Jason Wilsher Mills, 1995 DDA Banner





You can show how you are feeling happy/sad/ worried like Van Gogh and Frida Kahlo.

7) Vincent van Gogh, 'Self-Portrait with Bandaged Ear'

8) Frida Kahlo, Me and My Parrot



You could ask someome to take a photo of you with your message to the world at the moment.



You could use food, like artist Jason Mecier or fabric, like Benjamin Shaw.

11) Benjamin Shine, Flow Series

There are lots of ways to make a self-portrait. You don't have to draw!

^{1.} https://www.jwmartist.co.uk/portfolio?lightbox=dataltem-j0xp77y3 Jason Wilsher Mills, Window Art Corby 8; 2. https://www.vangoghmuseum.nl/en/stories/5-things-you-need-to-know-about-van-goghs-self-portraits#4 Vincent van Gogh, Self-Portrait with Grey Felt Hat; 3. https://www.moma.org/learn/moma_learning/andy-warhol-self-portrait-1966/ Andy Warhol, Self Portrait; 4. http://collageartbyjesse.weebly.com/work.html Jesse Treece; 5. https://www.jwmartist.co.uk/portfolio?lightbox=dataltem-i2u1fcvo1 Jason Wilsher Mills, Painting for Oakley Grange; 6. https://www.jwmartist.co.uk/portfolio?lightbox=dataltem-i0xpxfrm2 Jason Wilsher Mills, 1995 DDA Banner; 7. https://www.vangoghmuseum.nl/en/stories/5-things-you-need-to-know-about-van-goghs-self-portraits#4 Vincent van Gogh, Self-Portrait with Bandaged Ear; 8. https://www.fridakahlo.org/me-ad-my-parrots.jsp Frida Kahlo, Me and My Parrot; 9. https://www.shutterstock.com/editorial/news/exclusive-%E2%80%90-words-at-the-window%2C-new-york-2020-03-27 Stephen Lovekin, Words at the Window; 10. https://thejasonmecier.com/gallery/food-art/ Countess Luann, Jason Mecier; 11. https://www.benjaminshine.com Benjamin Shine, Flow Series.